

Centennial Place Newsletter

705-932-4464

<https://www.centennialplace.com>**AON**

Inc.

Where community develops.



A Note from Life Enrichment

Hello and welcome to the September edition of the Centennial Place Newsletter! This month we say goodbye to summer and hello to fall! We can't believe it is that time of year again! We are looking forward to crisp fall air and spending time outside taking in the sights of all the changing tree colours. We are excited to bring a little bit of the fall fair fun to Centennial Place during Long Term Care Community Engagement Day, Friday September 18th. All are welcome and encouraged to attend. Please see the poster on page 2 for all the details. We look forward to seeing you there! You may notice some staffing changes in the Life Enrichment Department. We did say goodbye to Liv and Emma in August, and we wish them all the best in their next chapters! We welcome Dafne and Ann Maria to the team! If you see them out and about, please introduce yourself and say hello! For a complete list of all events and activities going on this month please reference the home area the specific calendars. For any questions related to programs please do not hesitate to reach out to Nicole or Michelle on the LE office! Have a great month!



September Entertainment

September 11th**Vintage Brass**

2:30pm

September 13th

Happy Grandparents Day!
Special Social with Rob

Murray

2:30pm

September 25th

Birthday Party with Bill
Dickenson

2:30pm



**ALL
WELCOME!**

**LONG TERM CARE
COMMUNITY ENGAGEMENT
DAY 2026**

CENTENNIAL EXHIBITION

FRIDAY SEPT 18

1:30pm - 3:30pm

**CARNIVAL STYLE GAMES
COTTON CANDY
ICE CREAM & WAFFLES
SO MUCH FUN!**

**CENTENNIAL PLACE LTC HOME
2 CENTENNIAL LANE
MILLBROOK, ON
MORE INFO: 705-932-4464**

Director of Dietary Services

On behalf of the dietary team, we would like to welcome all the residents and their families who joined our home this month.

We will be starting to work on the Fall and Winter menu cycle that will begin in October. We want to ensure we are providing the best food quality and service that we can so we take requests and incorporate resident recipes where we can!

The residents have been enjoying the fresh fruits while they are in season as well as the vegetables that Ontario has to offer.

Please let me know if you have any questions or concerns.

Thank you,

Tracey Russell, CSNM

Director of Dietary Services

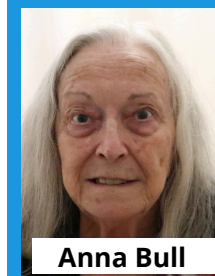


Happy Birthday

Paul Lafond - 01
Vernon Harris - 01
David Casey - 02
Melva Collins - 03
Carole Boyd - 04
Patricia Brownscombe - 04
Dorothy Payne - 07
Reen Wheeler - 11
Donna Scott - 20
Miriam Given - 24
Eliza Hachey - 24
Ron Fillion 24
Trudy Musgrave - 24
Cathy Michalak - 25
Elda Edgerton - 26
Nellie Fredericks -29

If your loved one has not signed our media consent forms, you will not find them in photos or lists in our newsletter.

Welcome!



Anna Bull



Dale Pettes



Eliza Hachey



Cold and Flu Season: Vaccine Reminder

As fall approaches, we begin preparing for the upcoming cold and flu season and taking steps to help protect our residents, families, and staff from respiratory illnesses.

Vaccination remains one of the most important ways to help reduce the risk of serious illness and complications associated with influenza and other respiratory viruses, particularly for older adults living in long-term care.

We are currently awaiting the availability of this season's vaccines through the Lakelands Public Health Unit. Once the vaccines are received and available to us, our vaccination clinics will be scheduled and rolled out as promptly as possible.

Families will be provided with further information regarding the vaccination process and any consent requirements once the vaccines become available.

Everyone has a role in preventing illness, in addition to vaccines there are other important measures that families, visitors, residents and staff can take to help prevent the spread of illness and reduce the risk of outbreaks in our home.

Hand Hygiene, Please sanitize your hands frequently, upon entering the home and before and after visiting with a resident.

Stay at home when you're sick or have been around other who are ill. If you or someone in your home is experiencing a sore throat, cough, runny nose, vomiting or diarrhea please postpone your visit.

Please wear a mask when appropriate, masking can help prevent illness from circulating within the home. Please follow any masking recommendations or requirements communicated by Centennial Place.

We appreciate your continued support as we work together to keep our residents safe and healthy throughout the upcoming respiratory illness season.

Thank you for partnering with us in protecting our long-term care community.

A Special Request from your Care Department

SAFE MEDICATION PRACTICE

Once a year in the summer, we take some extra time to review and audit our medication practices and system. Safe medication handling and administration is a very high priority for Registered Nursing staff to ensure the safety and comfort of the residents here at Centennial Place. Our medication pass times are 8:00 am, 12:00 noon, 4:00 pm, and 8:00 pm which coincide with mealtimes and bedtime. Not all medications are included in these times as care and medication administration are individualized to each resident. Medication passes can take anywhere from one to two hours to complete.

How can you help? During these times we are asking residents, family members, and fellow staff, to minimize non-urgent conversations, phone calls, and distractions with the Nurses to assist in promoting safe medication administration and optimize resident care.

Thank you so much!

Leslie Goble

Associate Director of Care



Environmental Services Supervisor

The days are getting a bit shorter now. As summer winds down, let's hope we get some more nice days to enjoy the courtyards and patios.

This month, we will be recognizing our Housekeepers and Laundry staff for Environmental Services Week. They are a great team and a pleasure to work with. Thanks for everything you do.



Kevin Kellow

Environmental Services Supervisor



WOW! CORNER

Welcome to the WOW Corner. Each month we will highlight the employee who exemplifies customer service here at Centennial Place.



CONGRATS TO ANN M. WHO WAS OUR WOW WINNER FOR AUGUST!

Have you seen an act of extraordinary customer service?
If so please fill out a WOW Form outside the elevators!



Ontario
Association
of Residents'
Councils

Residents' Council Week!

September 14th to 18th

Interested in joining Residents' Council?

All residents welcome to attend the next meeting

Monday September 21st 2026

1:30pm in the Trail Dining Room

Residents and staff would like to extend their condolences to the families and friends of:

Erich Cius

Alexander 'Sandy' Elder



Leadership Directory



Courtney Jilesen- Administrator
Ext 305



Victoria Woudsma- Director of Care
Ext 301



Leslie Goble- Associate Director of Care
Ext 302



Brittany Thorn-Director of Resident &
Family Services
Ext 312



Tracey Russell- Directory of Dietary
Services
Ext 304



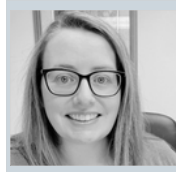
Kevin Kellow- Environmental Services
Supervisor
Ext 316



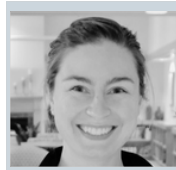
Mallory Adams- Office Manager
Ext 313



Karley Schaap- RAI Coordinator
Ext 310



Lisa van Bruinessen- Behavioural
Supports Coordinator
Ext 303



Nicole Vrooman- Life Enrichment
Coordinator
Ext 311



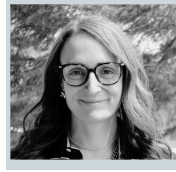
Michelle Coghlan Arroyo- Life
Enrichment Coordinator
Ext 318



Corinne Buntsma- IPAC Lead
Ext 323



Jami McLeod- PSW Supervisor
Ext 306



Alexandra Rawek- Social Service
Worker
Ext 307



Molly Westland- Clinical Support
Nurse



Nancy Kimball- Clinical
Assessment Coordinator

Online Resources

Alzheimer Society
www.alzheimer.ca

Canadian Diabetes Association
www.diabetes.ca

Heart and Stroke Foundation
www.heartandstroke.ca

The Arthritis Society
www.arthritis.ca