

# Centennial Place Newsletter

705-932-4464

<https://www.centennialplace.com>

**AON** Inc.

Where community develops.



## A Note from Life Enrichment

Hello April! We welcome longer days, fresh energy, and a renewed sense of possibility. It's a season of growth—both in our community and in the meaningful moments we continue to create together at Centennial Place. This month, we're excited to share updates, celebrate achievements, and highlight the people and stories that make our community so special. A big thank you to all who came out to our Community Easter Egg Hunt on Sunday March 22<sup>nd</sup>! It was a bit of a chilly rainy day but lots of fun! We can't wait for next year! This month we look forward to a variety of spring and Easter related programs. We hope to start to spend more time outside and enjoy some sunshine! Please reference the program calendars for a complete list of all the activities going on this month. If you have any questions related to programs, please feel free to reach out to Michelle or Nicole in the Life Enrichment Office.

As always, thank you for being an important part of Centennial Place—we're glad you're here!



### April Entertainment

April 7<sup>th</sup> - Swing Set Band  
Fireside Lounge at 2pm

April 22<sup>nd</sup> - Entertainment  
with Connor  
Fireside Lounge at 6:30pm

April 30<sup>th</sup> - Birthday Party  
with Bill Dickinson  
Fireside Lounge at 2:30pm



# Environmental Services Supervisor

We had a few nice days in March. If we are lucky March will go out like a lamb and April will bring us warmer sunny days.

Weather permitting; we will set up our outdoor patio furniture and pond fountain in April. As well as having the grounds and gardens tidied up for what hopefully will be wonderful summer season.



## Kevin Kellow

Environmental Services Supervisor



# welcome



Jackie Fulton



Suzanne Twomey



Pat Brownscombe



Jim Johnston



Leisha Murray

# Happy Birthday

**Barbara Sloan - 07**

**Margaret Burkholder - 09**

**Joyce Allison - 20**

**Margaret Christie - 27**

**Anneliese Perau - 27**

**Susan Rospeck - 30**

*\*If your loved one has not signed our media consent forms, you will not find them in photos or lists in our newsletter.\**

# APRIL CALENDAR HIGHLIGHTS

**April 5<sup>th</sup>**  
**Easter Sunday**

Join us in the  
Fireside Lounge for  
an

**Easter Sunday  
Bingo Social**

2:30pm  
Fireside Lounge

**April 3<sup>rd</sup>**  
2:15pm- Baking Hot  
Crossed Buns  
Trail Dining Room

**April 10<sup>th</sup>**  
Pasta Party!  
Fireside Lounge  
11:15am

\*space limited to 10 residents\*

Don't miss out on  
**Zumba with  
Jasmine:**  
April 9<sup>th</sup> & April 23<sup>rd</sup>  
at 2:15pm in the  
Fireside Lounge!

**April 20<sup>th</sup>**  
Residents' Council &  
Food Committee  
Meeting  
1:30 in the Trail  
Dining Room

## Director of Dietary Services

On behalf of the dietary department, I would like to welcome all the residents and their families who joined our home this month.

Our next Food Committee meeting will be April 20th at 1:30 in the Trail Dining Room. I hope to see you there!

Everyone is welcome!

We will be having our Easter dinner on Easter Sunday-April 5th.

Our Spring / Summer 2026 menu will be starting April 6th. Lots of new items, recipes and products will be implemented.

Hoppy Easter !

### Tracey Russell

Director of Dietary Services



## Cream Cheese Stuffed Mini Bell Peppers

Prep: 20mins ~ Cook Time: 10mins

Servings: 24

### Ingredients

- 12 Mini Bell Peppers
- 8 oz Cream Cheese softened
- 1 cup Sharp Cheddar Cheese shredded
- 2 tablespoons Chives sliced
- ½ teaspoon Garlic Powder
- ½ teaspoon Onion Powder
- ¼ teaspoon Black Pepper

### Instructions

1. Halve the peppers and remove any seeds.
2. In a mixing bowl, combine the softened cream cheese, shredded cheddar cheese, chives, garlic powder, onion powder, and black pepper.
3. Using a small spoon, stuff the peppers with the filling.
4. Serve cold, or roast in the oven at 400 degrees for 8 minutes. Broil for an additional 1-2 minutes to brown the tops.
5. Garnish with chives or crushed red pepper if desired.



# Infection Prevention & Control

Happy Spring!

By now our high-risk respiratory season is winding down, as we see fewer outbreaks and illnesses in our community they can still occur. To help protect our residents and staff, here are some tips for visiting.

## Screen Before You Go In

If you do not feel well, you should not visit. Please delay your visit if you are unwell.

Screening helps keep visitors from bringing sickness in. Screening may include answering questions in advance that you see on a poster at the door including whether you have a cough, sore throat, nausea, diarrhea or other symptoms.

## Keep Your Hands Clean

Cleaning hands is one of the best ways you and the health care team can stop infections from spreading. Use the alcohol-based hand rub or soap and water at the care setting to clean your hands. Use moisturizers to keep the skin on your hands healthy.

Clean your hands:

- before coming in and when leaving the building
- before entering, and when leaving the resident room or bed space
- before and after putting on a mask, gloves or eye protection
- before eating, after using the washroom, or blowing your nose
- whenever hands are visibly dirty

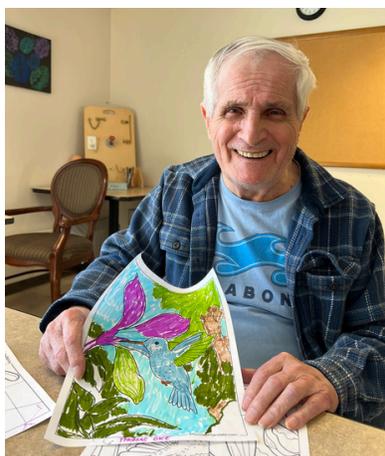
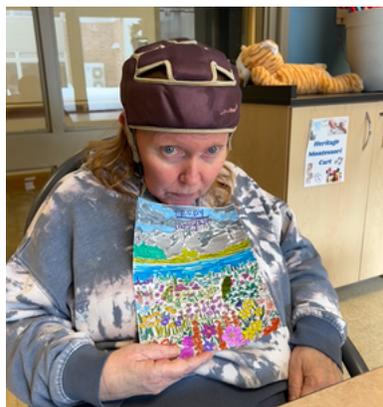
Stay up to Date with Your Vaccinations

Stay up to date with vaccinations, such as the COVID-19 and yearly influenza vaccines.

Thank you for doing your part to keep everyone safe.

**Corinne Buntsma** RPN LTC-CIP

IPAC Lead



## WOW! CORNER

Welcome to the WOW Corner. Each month we will highlight the employee who exemplifies customer service here at Centennial Place.



## CONGRATS TO CANDICE KIMMERLY WHO WAS OUR WOW WINNER FOR MARCH!

Have you seen an act of extraordinary customer service?  
If so please fill out a WOW Form outside the elevators!

Residents and staff would like to extend their condolences to the families and friends of:

**John Laliberte**  
**Norman 'Ross' Gordon**  
**Philip 'Phil' Schaefer**



# Leadership Directory



**Courtney Jilesen**- Administrator  
Ext 305



**Victoria Woudsma**- Director of Care  
Ext 301



**Leslie Goble**- Associate Director of Care  
Ext 302



**Brittany Thorn**-Director of Resident &  
Family Services  
Ext 312



**Tracey Russell**- Directory of Dietary  
Services  
Ext 304



**Kevin Kellow**- Environmental Services  
Supervisor  
Ext 316



**Mallory Adams**- Office Manager  
Ext 313



**Karley Schaap**- RAI Coordinator  
Ext 310



**Lisa van Bruinessen**- Behavioural  
Supports Coordinator  
Ext 303



**Nicole Vrooman**- Life Enrichment  
Coordinator  
Ext 311



**Michelle Erazo**- Life Enrichment  
Coordinator  
Ext 318



**Corinne Buntsma**- IPAC Lead  
Ext 323



**Jami McLeod**- PSW Supervisor  
Ext 306



**Alexandra Rawek**- Social Service  
Worker  
Ext 307



**Molly Westland**- Clinical Support  
Nurse



**Nancy Kimball**- Clinical  
Assessment Coordinator

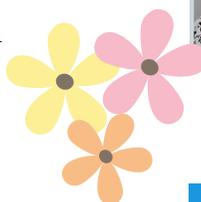
## Online Resources

**Alzheimer Society**  
[www.alzheimer.ca](http://www.alzheimer.ca)

**Canadian Diabetes Association**  
[www.diabetes.ca](http://www.diabetes.ca)

**Heart and Stroke Foundation**  
[www.heartandstroke.ca](http://www.heartandstroke.ca)

**The Arthritis Society**  
[www.arthritis.ca](http://www.arthritis.ca)



To view Centennial Place Happenings you can access  
AON TV by visiting the link below:  
<https://www.centennialplace.com/aon-tv/>