

Centennial Place Newsletter

705-932-4464

<https://www.centennialplace.com>


A Note from Life Enrichment

What an ah-MAY-zing month we have in store here at Centennial Place! We start off with a Cino de Mayo Celebration on May 5th with Music and Margaritas! Come on down and shake your maracas! The party starts at 6:15pm in the Fireside Lounge. We kick off our annual Walk for Alzheimer's with the Alzheimer Society of Peterborough, Kawartha Lakes, Northumberland, and Haliburton on May 9th. This walk is to prep us for the big walk on Saturday May 24th at Trent University! Come on out and join us for a cause that is near and dear to all of us! May is also the month to celebrate Moms! Families are welcome to join us on Mother's Day, Sunday May 11th at 2:00pm for tea and musical entertainment. Please see the poster on page 4 for more information. Please RSVP to the LE department by May 7th! Friends and Family BINGO returns as well this month. Monday May 19th, Victoria Day, we will be holding our very popular event. Please RSVP by Thursday May 16th! We are also looking forward to welcoming community groups such as the Lions Club (15th) Millbrook Community Choir (6th) and the Millbrook/South Cavan Public School Choir (20th). A big thank you to all who visit and support Centennial Place each and every month! We hope you all have a great month and Happy Mother's Day!



May Bus Outings

Saturday May 24th
9:30am

Walk to End Alzheimer's
Trent University

May Entertainment

May 6th

Millbrook Community Choir

May 9th

Gary Birkhof

May 13th

**New Horizons- Swing Set
Band**

May 30th

**Birthday Party with Sean
Roberts**

Office Manager

Do you/your loved one qualify for Rate Reduction? – Please be aware that Rate Reduction application will need to be submitted prior to **June 30, 2025**. To have this completed for you, forward your 2024 NOA (Notice of Assessment) as soon as possible to cpom@aoninc.com. This will ensure that the application will be submitted in a timely manner. If you have any questions or concerns, please reach out.

Mallory Adams

Office Manager



JBS Clothing

A Canadian Small Business for over 25 years 

On Monday May 26th from 11am-3pm we welcome Chris from JBS Clothing to Centennial Place. Chris will be bringing a selection of men's and women's adaptive and regular clothing items for residents and families to purchase. Please feel free to come on down to the Fireside Lounge to peruse the many fashionable options!

May Birthdays

Anna Burchat- 05
Barry Magill- 07
Anna Santomero- 07
Thomas Oke- 09
Ken Anderson-10
Gail Bannister-11
Bev Irwin- 14
Art Young- 15
John Friedman-19
Fred Copping- 20
Sharon Robson- 27

If your loved one has not signed our media consent forms, you will not find them in photos or lists in our newsletter.

Director of Dietary Services

I want to extend a warm welcome to the new residents that have joined us this month. I hope you are settling in and enjoying the delicious homemade meals and snacks.

Happy Mothers' Day to all the mothers who live at Centennial Place! This month we celebrate you and we will be having a special dinner on Sunday, May 11th in honour of you!

I want to extend an invitation to join me at our next food meeting being held on May 12th at 1:30pm in the Trail Dining Room. We will be discussing our spring and summer menu. I know we are all looking forward to fresh Ontario fruits and vegetables! I hope to see you there.

Thank you

Vicki Coppins, CNM

Director of Dietary Services



A big 'grazie' to Nonna Giuseppina, grandmother of one of our very own PSWs, Andrea! Giuseppina has been knitting up a storm and making all kinds of scarves and blankets for our residents!

Residents' Council Meeting Monday May 12th at 1:30pm Trail Dining Room

Green Chicken Enchiladas

Makes 6 servings

Ingredients

- 2 cups shredded Monterey Jack cheese, divided
- 3 cups shredded cooked chicken
- 12 corn tortillas
- 1 (15-ounce) can green enchilada sauce
- 1 cup sour cream
- (Optional) 1/4 cup chopped fresh cilantro

Directions

1. Preheat the oven to 375°F and grease a 9x13-inch baking dish.
2. In a bowl, mix 1 1/2 cups of cheese with the shredded chicken.
3. Place the tortillas on a microwave-safe plate and microwave for several seconds to make them pliable.
4. Fill each tortilla with the chicken and cheese mixture, roll tightly, and place seam-side down in the prepared baking dish. Whisk the green enchilada sauce and sour cream together, then pour evenly over the rolled tortillas. Sprinkle the remaining cheese on top. Bake uncovered for 20–25 minutes, or until bubbly and golden. Garnish with chopped cilantro, if desired, and serve hot.

Cooking Tidbit

Warming the tortillas before filling prevents them from cracking during rolling, ensuring perfect enchiladas every time!



CENTENNIAL PLACE PRESENTS

Mother's Day Tea

SUNDAY, MAY 11TH 2025

AT TWO O'CLOCK

FIRESIDE LOUNGE
TEA & TREATS TO BE SERVED
LIVE MUSIC

FAMILIES WELCOME
PLEASE RSVP BY
FRIDAY MAY 7TH



Friends & Family



BINGO

Join us for fun & prizes!

Monday May 19th 2025 at 2:00pm!

**Please RSVP by calling the Life Enrichment Department
705-932-4464 x311/318 by Thursday May 16th**

Environmental Services Supervisor

In the month of May work will begin on some of our outside areas such as our gardens, courtyards and lawn areas. Our pond fountain will be installed for another summer. All of our flowerbeds and lawns are maintained with an underground irrigation system to keep the gardens and grass well watered. The system is divided into multiple zones that water different sections of the property during the early morning hours – usually between 1am and 7am. As we are activating the system in May, please let us know if there is a sprinkler head that is not working or spraying in the wrong direction. Also if there is a spot that seem too wet or too dry then we can adjust the system times to address this issue.

And finally on behalf of the Environmental Services team, Happy Mother's Day to all the Mothers and Grandmothers at Centennial Place.

Kevin Kellow

Environmental Services Supervisor



Residents and Staff
would like to extend
their condolences to the
families and friends of:
Shirley Mcindoo

Leadership Directory



Courtney Jilesen- Administrator
Ext 305



Victoria Woudsma- Director of Care
Ext 301



Leslie Goble- Associate Director of Care
Ext 302



Brittany Thorn-Director of Resident &
Family Services
Ext 312



Vicki Coppins-Directory of Dietary
Services
Ext 304



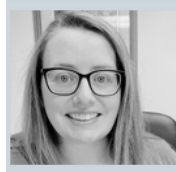
Kevin Kellow- Environmental Services
Supervisor
Ext 316



Mallory Adams- Office Manager
Ext 313



Allison Houser-RAI Coordinator
Ext 310



Lisa van Bruinessen- Behavioural
Supports Coordinator
Ext 303



Nicole Vrooman- Life Enrichment
Coordinator
Ext 311



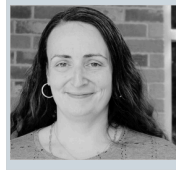
Michelle Erazo- Life Enrichment
Coordinator
Ext 318



Corinne Buntsma- IPAC Lead
Ext 323



Jami McLeod- PSW Supervisor
Ext 306



Alexandra Rawek- Social Service
Worker
Ext 307



Julie Parcels
Quality Risk Nurse
Ext. 302



Online Resources

Alzheimer Society

www.alzheimer.ca

Canadian Diabetes Association

www.diabetes.ca

Heart and Stroke Foundation

www.heartandstroke.ca

The Arthritis Society

www.arthritis.ca

AON
Inc.®

Where community develops.

To view Centennial Place Happenings you can
access AON TV by visiting the link below:
<https://www.centennialplace.com/aon-tv/>