






January 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 New Year's Day 2:30 High Tea (FL)	2 10:30 Euchre Club (M)	3 9:30 Physio Exercises (T) 10:30 Chapel Service with Gaitree (C) 10:30 Snowman Making (O) 1:30 Physio Exercises (HV) 2:30 Bingo (M)	4 9:30 Physio Exercises (T) 9:45 Bus Outing - PTBO Museum & Archives *Must Sign Up* 1:30 Physio Exercises (HV) 2:00 Scenic Bus Drive (H) 2:30 Bocce Ball (FL)	5 9:30 Physio Exercises (T) 1:30 Physio Exercises (HV) 6:30 DIY Ice Cream Sundaes (FL)	6 9:30 Physio Exercises (T) 1:30 Physio Exercises (HV) 	7 Orthodox Christmas Day 10:30 Coffee Corner (FL)
8 10:30 Memorial Service with Gaitree (FL) 3:30 Euchre Club (M)	9 9:30 Physio Exercises (T) 10:00 Music with Yara (FL) 1:30 Physio Exercises (HV) 2:00 Music with Yara (H)	10 9:30 Physio Exercises (T) 10:30 Chapel Service with Rev. Finlay (C) 1:30 Physio Exercises (HV) 2:30 Bingo (M)	11 9:30 Physio Exercises (T) 9:30 Bus Outing - Build A Bear *Must Sign Up* 1:30 Physio Exercises (HV) 2:30 Ball Toss (FL) 3:00 Scenic Bus Drive (H)	12 9:30 Physio Exercises (T) 1:30 Physio Exercises (HV) 2:30 Casino Social (FL) 6:30 Afternoon Entertainment with Art Lajambe (FL)	13 9:30 Physio Exercises (T) 1:30 Physio Exercises (HV) 2:15 Seated Zumba (FL)	14 10:30 Coffee Corner (FL)
15	16 9:30 Physio Exercises (T) 1:30 Physio Exercises (HV) 	17 9:30 Physio Exercises (T) 10:30 Chapel Service with Gaitree (C) 1:30 Physio Exercises (HV) 2:30 Bingo (M)	18 9:30 Physio Exercises (T) 9:30 Bus Outing - Tim Hortons *Must Sign Up* 1:30 Physio Exercises (HV) 2:00 Scenic Bus Drive (H) 2:30 Floor Hockey (FL)	19 9:30 Physio Exercises (T) 11:00 Catholic Communion with Fr. Tony (C) 1:30 Physio Exercises (HV)	20 9:30 Physio Exercises (T) 1:30 Physio Exercises (HV) 2:30 Wine & Cheese (T)	21 10:30 Coffee Corner (FL)
22 Chinese New Year 	23 9:30 Physio Exercises (T) 1:30 Physio Exercises (HV) 1:30 Residents Council & Food Committee Meeting (C)	24 9:30 Physio Exercises (T) 11:00 Anglican Communion with Rev. Rob Ross (C) 1:30 Physio Exercises (HV) 2:30 Birthday Party with Ent. By Corby Kemp (T)	25 9:30 Physio Exercises (T) 11:15 Bus Outing - Bowling *Must Sign Up* 1:30 Physio Exercises (HV) 2:30 Curling (FL)	26 9:30 Physio Exercises (T) 1:30 Physio Exercises (HV) 2:30 Bingo (M) 6:30 Twilight Tea (FL)	27 9:30 Physio Exercises (T) 10:30 Family Feud (FL) 1:30 Physio Exercises (HV) 2:15 Seated Zumba (FL)	28 10:30 Coffee Corner (FL)
29	30 9:30 Physio Exercises (T) 10:30 Euchre Club (M) 1:30 Physio Exercises (HV) 2:30 Around The World - Chinese New Year (FL)	31 9:30 Physio Exercises (T) 10:30 Chapel Service with Rev. Finlay (C) 1:30 Physio Exercises (HV) 2:30 Bingo (M)	LOCATION LEGEND AHA - All Home Areas C - Chapel T - Trail Dining Room M - Millpond Dining Room HV - Harvest Dining Room H - Heritage Dining Room FL - Fireside Lounge	Travelling Tuck Shop Thursday's 11:00-12:00 Fireside Lounge 	 <p>Whole Home/Therapy Programs</p>	