



Centennial Times

October 2009

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Director of Care

Linda Facey
Associate Director
of Care

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Director of
Resident & Family
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Vicki Coppins
Director of
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Nancy Sherrer
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Recreation
Therapist

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Coordinator

Jeff Donovan
Administrator

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LOA1G0

Message from the Front Office

I am writing to provide an update on our new legislation, the Long Term Care Homes Act, 2007 (LTCHA). The LTCHA received Royal Assent on June 4, 2007, but has not yet been proclaimed into force and cannot be proclaimed into force until all of the regulations necessary to carry out the Act are drafted. These regulations are subject to the public consultation requirements set out in the LTCHA before being finalized. The first set of proposed initial draft regulations were open for public consultation between May 5 and June 5, 2009. Our association, the Ontario Long Term Care Association, responded on behalf of our LTC sector. Copies were shared with both Residents' Council and Family Council. The MOH is currently reviewing the feedback and comments received.

There is now a second set of proposed initial draft regulations that are open for public consultation from September 15 to October 15, 2009. This second set deals with some of the following key areas of regulation, such as Resident's Rights Care and Services, Admissions, Operations of Homes, Compliance and Enforcement and much more. This document is 215 pages long, so it is a 'bit of a handful'. We will be giving (or at least offering) a copy to both our Residents' Council and our Family Council. Janet Buchanan and myself have a copy in our offices and we will also make one available at the Front Desk please ask one of our Unit Clerks at the Front Desk if you would like a chance to review it. The document can also be viewed on-line. Please see the Notice that is now posted on our Family Board, to the *right of the first floor elevators*.

If you want any more information, or are interested in submitting your own comments/feedback to the MOH- LTCHA Regulation Project, please stop to see me. You are also welcome to email me at jdonovan@aoninc.com. Have a great month- a 'thankful' month.

Jeff Donovan, Administrator

Our Newest Residents

Centennial Place would like you to join us in welcoming our newest residents: Truce deWit and Jean McMahan-Taylor to Harvest House.

Christmas Bazaar
Saturday
November 21st, 2009
1:30pm-4:00pm
Tea Room opens at
2:00pm



Yvonne (middle) enjoying the Corn Roast with her sister and niece on August 20th.

"A New Tradition in Long Term Care"

From the Recreation Department

Welcome to the month of Turkeys, Pumpkins and Beer. Not necessarily in that order or together. I can honestly say that September's weather turned out to be terrific and residents have been enjoying the weather by spending the days outside. Some say that September has been the July we never had. Either way as long as the sun is shining we are happy around here.

Our Annual Corn Roast was once again a success thanks to all the help from the Lions Club, volunteers, families, staff and residents. We hope everyone who attended enjoyed themselves and we will see everyone again next year. (I have already put a word in for good weather.) The last newsletter I mentioned about our Chaplain Eric who has moved closer to his family and is no longer with us. I am please to announce that Ken Purdon will be taking his place. Many of you already know him as he as been a regular since we opened doing Sunday Services, along with our Christmas Service. Ken will be visiting the residents on Thursday mornings and will be here on the first and third Sunday's for Church Services. If you would like more information on Chaplain Visits please contact the Recreation Department ext 230. As for my opening statement look for dates and times for festivities on Thanksgiving, Halloween and Oktoberfest.

Until next month.....

Heather McGinn
Recreation Therapist



Residents waiting to start "husking" 26 dozen corn for the Annual Corn Roast. \$278.00 was raised for the Millbrook Medical Center

Flu Shots

Date: Wednesday October 28th, 2009

Time: 6:30pm

Location: Fireside Lounge

The Peterborough Public Health Unit will be at Centennial Place to inform family, friends about the annual Flu shot. There will be at half hour presentation along with questions and answer period, followed by flu shots given by Linda Facey. Any questions please contact: April Coulter, Director of Care. Everyone is welcome to attend.

Christmas Bazaar

The Christmas Bazaar is scheduled for Saturday November 21st at 1:30pm till 4:00pm. The Tea will room will be opened at 2:00pm in Trail Dining Room with a \$2.00 charge. If anyone is interested in renting a table or would like more information please contact Heather McGinn in the Recreation Department.

Wellness Fair

Date: Thursday October 8th, 2009

Time: 10:00am-2:00pm

Location: Fireside Lounge

We are pleased to be offering a Wellness Fair for residents, families, visitors and staff at Centennial Place. There will be a variety of opportunities offered including blood pressure and medication checks, presentations on Wellness and Healthy Living along with information by the Alzheimer's society.

If you are interested in attending this event please sign your name on the sign up sheet at the front desk by October 5th.

October's Special Entertainment

Day	Event	Time	Location
01	Chandos	6:30pm	Fireside Lounge
06	Entertainment with Doug Morgan	2:30pm	Fireside Lounge
08	Wellness Day events	10:00am-2:00pm	Fireside Lounge
13	Sing-a-long with Michael Hearst	10:30am	Fireside Lounge
15	Entertainment with Al Matthews	2:30pm	Fireside Lounge
20	Samson Lee Gospel	2:30pm	Fireside Lounge
22	Oktoberfest with George Shultz	2:30pm	Millpond Room
27	Birthday Party & New Resident Welcome Tea with Laurence Marks	2:30pm	Millpond Dining Room
31	Halloween Party with Tony Guymer	2:30pm	Millpond Dining Room

Extra Bus Trip Days

Don't forget there is an extra bus trip this month on **Saturday October 17th**. Family and friends may want to check with Recreation Department prior to



Rose and Shawna are ready for their bike ride on the "Bicycle Built for Two"

Bus Trips

Date	Location	Departure	Cost
07	Outing to Gallery on the Lake	1:00pm	Tea Room
14	Fall Leaf Tour with Lunch Outing	10:30am	Lunch Money
17	Fall Leaf Tour	2:00pm	Nothing
21	Shopping at Northumberland Mall	1:30pm	Spending Money
28	Shopping at Zellers	1:30pm	Nothing

SUDOKU

Difficulty Rating: Easy

			9	8	7		3	
								8
	2		1				7	
5		4			3		1	9
		9	4		1	8		
7	8		5			3		2
	7				4		9	
4								
	5		3	1	6			

Legend:	1	2	3	4	5	6	7	8	9
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September Solution

9	1	8	2	6	4	5	7	3
5	2	3	8	1	7	4	9	6
7	6	4	5	3	9	2	8	1
6	7	1	3	8	2	9	4	5
8	4	5	9	7	1	3	6	2
2	3	9	4	5	6	7	1	8
4	5	2	1	9	8	6	3	7
1	9	7	6	2	3	8	5	4
3	8	6	7	4	5	1	2	9

October Birthday's

Margaret Allison	03
Murray McCullough	12
Lazelle Porter	12
Aileen Smallman	14
Percy Hoskin	17
Yvonne Betts	21
Madge Hall	28
Mary Stiver	30

Happy Birthday, from all of the staff at Centennial Place! Come and join us in the Millpond Dining Room on **October 27th at 2:30pm** to celebrate our residents upcoming birthdays!



Barb & Pentti going for morning bike ride

Upcoming Dates to Remember

Date	Event
Oct 8	Wellness Fair
Nov 21	Christmas Bazaar

Online Resources

Alzheimer Society
www.alzheimer.ca

Canadian Diabetes Association
www.diabetes.ca

Heart and Stroke Foundation
www.heartandstroke.ca

The Arthritis Society
www.arthritis.ca