



Centennial Times

November 2009

Message from the Front Office

Accreditation is coming quick!! We will have our Accreditation Survey on December 6- 10. The Accreditation Canada team of two surveyors will arrive on Sunday December 6th. They will visit and survey Centennial Place for two days and will also visit/survey Moira Place, our sister home, in Tweed. Accreditation is very different from the Ministry of Health Compliance reviews. Compliance is more about enforcement and making sure we are 'following the rules'. Accreditation certainly assesses the effectiveness of our operations and it is also based upon Standards and criteria, but the Accreditation process is more about on going improvement and allows us to 'show case' our successful operations. We will receive a status report following the survey. Areas for improvement will likely be noted, and some changes or new policies/procedures could be required. We then have a six month period (following the survey) during which updates and required program improvements can be made, prior to receiving our final Accreditation award.

This new Accreditation process is called QMENTUM and it works as a three year cycle. Our current preparation for the upcoming survey is just the start of an exciting new process that we will work through on an on-going basis into the future. QMENTUM in the home is set up under four teams: Leadership, Resident Quality, Infection Prevention and Medication Management. There are many preparations we will undertake in the weeks leading up to the survey. Perhaps the most important component will be education of Staff as well as education of Residents and family members. Please watch for notices for an **Accreditation Information Session** later this month.

Jeff Donovan
Administrator

Our Newest Residents

Centennial Place would like you to join us in welcoming our newest residents: Lydia McKinnon and Sidney Obey to Heritage House

Remembrance Day
Service with
Millbrook Legion

Wednesday
November 11th
1:30pm

Fireside Lounge



Mona cuddling up with Mr. Hays on Oct 6th Scarecrow making.

April Coulter
Director of Care

Nancy Daley
Acting Associate
Director of Care

Janet Buchanan
Director of
Resident & Family
Services

Vicki Coppins
Director of
Dietary Services

Karen Wolff
Office Manager

Nancy Sherrer
Unit Clerk

Heather McGinn
Recreation
Therapist

Julie Kennedy
Environmental
Services
Supervisor

Maegan Deyell
Volunteer
Coordinator

Jeff Donovan
Administrator

2 Centennial Lane
Millbrook, ON.
LOA1G0

"A New Tradition in Long Term Care"

From the Recreation Department

Welcome to the month of November. This month is very busy with preparing for the Bazaar and Christmas events. Look for upcoming entertainment in this newsletter and December's for all the Christmas festivities that are being held. October has been a fun month with Scarecrow making, Fall Leaf Tours, Oktoberfest and a Halloween Party. The residents and staff are busy making crafts, baking and knitting for the Bazaar. We are welcoming any baked items that can be dropped off at the Recreation Office on November 20th. We appreciate if the baking is labeled and wrapped to sell. Look for more Christmas events posted on page 4 and everyone is welcome to attend them.

The Legion will be here on November 11th at 2:00pm in the Fireside Lounge for the Remembrance Day Service. Veterans' Week is Nov 5-11.

See everyone at the Bazaar!!

Until next month.....

Heather McGinn, Recreation Therapist

Yellow Ribbon Campaign



One of our employees at Royal Gardens, has recently lost her nephew in the Afghanistan war. In honour of our local fallen soldiers and their families a "YELLOW RIBBON" campaign has been organized and collection of money started to purchase needed items which would subsequently be sent to our soldiers in Afghanistan. Those items include sunscreen, foot powder, lip balm, single size drink's

crystals etc. To date 114 Boxes have been sent overseas. The Gardens of Peterborough as well as our two Long Term Care Homes, Centennial Place and Moira Place have decided to be part of this "Yellow Ribbon" campaign from 1st of November until 31st of December. During this time we'll have yellow ribbons available at the front desk and small containers to place your donation in. We would like to thank you for participation in this campaign and for showing your support to all Canadian Soldiers.

6th Annual Christmas Bazaar

The Christmas Bazaar is scheduled for Saturday November 21st at 1:30pm till 4:00pm. The Tea Room will be opened at 2:00pm in Trail Dining Room with entertainment. Residents are free, however there is a \$2.00 charge for visitors. If anyone is interested in renting a table or would like more information please contact Heather McGinn in the Recreation Department.

Memory Kits

The memory kits that Family Council members have been working on are now complete. They will be located in the Recreation Office and there is a sign out sheet for them. Please feel free to try one at your next visit. There is a kit to suite everybody's interest.



Residents enjoyed making two Scarecrows (Mr. Bales and Mr. Hays) The Scarecrows were made for Millbrook's Scarecrow Parade that took place on Oct 14-17.

November Special Entertainment

Day	Event	Type	Time	Location
05	Chandos	Guitar/Banjo/ Singer	6:30pm	Fireside Lounge
10	Birthday Party & New Resident Welcome Tea with Curtis Detriedge	Piano/Singer	2:30pm	Millpond Dining Room
12	Eleanor & Ean	Fiddle/Piano	2:30pm	Fireside Lounge
17	Samson Lee Gospel	Gospel Music	2:30pm	Fireside Lounge
21	Christmas Bazaar with Entertainment with Gary Birkof	Piano/Singer	1:30- 4:00pm	Fireside Lounge
24	Entertainment with Hal Allison	Guitar/Singer	2:30pm	Fireside Lounge
27	The Dynamics	Senior Band	2:30pm	Fireside Lounge

Bus Trips

Day	Location	Departure	Return	Cost
04	Shopping at Lansdowne Place	1:30pm	4:30pm	Spending Money
18	Afternoon Drive	1:30pm	4:00pm	No Cost
25	World's Finest Chocolate Factory and Cheese Factory in Campbellford	1:00pm	4:30pm	Spending Money



December Christmas Lights Tour

Date: December 10th & 15th

Time: 6:30pm

Location: Scugog Road in Bowmanville

Once again we have booked a larger bus for our annual Christmas Lights Tour to accommodate more residents. For more information please contact the Recreation Department.



Residents enjoyed their Fall Leaf drive and afternoon at the Gallery on the Lake in Buckhorn on October 7th

SUDOKU

Difficulty Rating: Easy

	4	5	9				2	7
	9			3	2			8
			4				3	
	1							3
		6	8		3	1		
9								6
	6				5			
1			3	9				8
7	2				1	9	4	

Legend:	1	2	3	4	5	6	7	8	9
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October Solution

1	4	5	9	8	7	2	3	6
3	9	7	6	4	2	1	5	8
6	2	8	1	3	5	9	7	4
5	6	4	8	2	3	7	1	9
2	3	9	4	7	1	8	6	5
7	8	1	5	6	9	3	4	2
8	7	3	2	5	4	6	9	1
4	1	6	7	9	8	5	2	3
9	5	2	3	1	6	4	8	7

Upcoming Dates to Remember

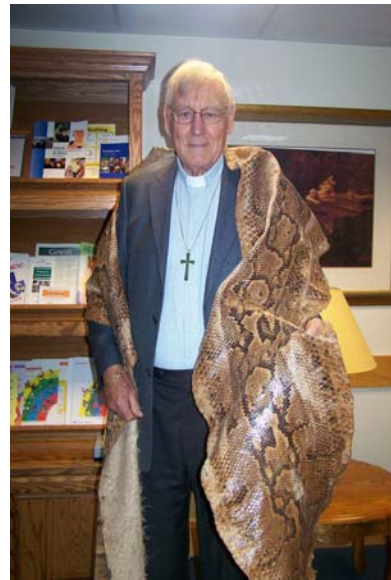
Date	Event	Time
Nov 11	Remembrance Day Service	2:00pm
Nov 21	Christmas Bazaar	1:30pm
Dec 01	Family Tree Trimming	6:30pm
Dec 16	Christmas Church Service	11:00am

November Birthdays

Bertha Boyles	04
Norman Bragg	07
Christine Maddocks	08
Ruth Harris	17
Agnes Moore	28
Nicholas Bobee	29
Dolly Campbell	30

Happy Birthday, from all of the staff at Centennial Place!

Come and join us in the Millpond Dining Room on **November 10th at 2:30pm** to celebrate our residents upcoming birthdays!



Come and meet our new Chaplain Ken Purdon and ask him about his 60 year old, 16 foot Python hide.

Ken is in the building every Thursday morning.

Online Resources

Alzheimer Society
www.alzheimer.ca

Canadian Diabetes Association
www.diabetes.ca

Heart and Stroke Foundation
www.heartandstroke.ca

The Arthritis Society
www.arthritis.ca