



Centennial Times

December 2009

Message from the Front Office

Welcome to December and to the season of giving. This is certainly the theme of Christmas, as God offers each one of us the greatest gift of all, through baby Jesus. Many of you may wonder about giving gifts to staff. We know you are very appreciative of the kindnesses and the wonderful care that many of our excellent staff team have provided to you or your loved one during the past year. Our 'acceptance of gifts' policy discourages the practice of accepting gifts, in fact it tells staff they cannot accept any monetary gift or any non-monetary gift of value. If you are wanting to say thank you to staff, the best approach is to consider providing a non-monetary gift that is for all staff. A suggestion like chocolates, cookies or fruit that can be shared amongst staff at a Care Centre or within a department would be acceptable. Sometimes gift giving can result in misunderstandings; We don't want anyone to have their feelings hurt. It is our hope that by bringing this to your attention ahead of time, you can be alerted to this policy and also understand the rationale behind it. If you have any questions, please feel welcome to ask me. My office extension number is 224 and my email address is jdonovan@aoninc.com.

Have a Happy Holiday Season!
Jeff Donovan
Administrator

April Coulter
Director of Care

Nancy Daley
Associate
Director of Care

Janet Buchanan
Director of
Resident & Family
Services

Vicki Coppins
Director of
Dietary Services

Karen Wolff
Office Manager

Nancy Sherrer
Unit Clerk

Heather McGinn
Recreation
Therapist

Julie Kennedy
Environmental
Services
Supervisor

Maegan Deyell
Volunteer
Coordinator

Jeff Donovan
Administrator

2 Centennial Lane
Millbrook, ON.
LOA1G0

Our Newest Residents

Centennial Place would like you to join us in welcoming our newest residents: Mary Gordon to Harvest House, Irene Ledger Millpond House, Nic MacDonald and Phillip Milne to Heritage House.

**Family Tree
Trimming Party**
Tuesday
December 1st, 2009
6:30pm
Fireside Lounge



Ethel and Helen making Christmas Cake for the Bazaar.

"A New Tradition in Long Term Care"

From the Recreation Department

Welcome to the busiest month of the year!! December brings us many Christmas events and everyone is welcome to attend them. Our annual Tree Trimming Party is on December 1st at 6:30pm and some of the residents have a "surprise" to present that evening, so don't miss this festive event with hot apple cider, eggnog and Christmas treats. We will be celebrating the New Year in the afternoon on December 31st in the Fireside Lounge with "2nd Wind." For those of you who attended the Corn Roast in August you will remember this band. Look on page 4 of the newsletter for a break down of all the special Christmas events.

I would like to thank everyone for their support over this past year in attending all the special events that our department has planned. It is a wonderful feeling to see everyone enjoying these events and to know that all the hard work is very worth while. We look forward to doing it all over again next year.

Until next year.....
Heather McGinn Recreation Therapist

A Note from the Dietary Department

I would like to take this opportunity to say thank you to our residents and their families for their continued support to our dietary department here at Centennial Place. We are continually evaluating our services and implementing improvements from the feedback you give us. We have a very diverse resident population here and food is often first and foremost on everyone's mind.

With the holiday season upon us, we are planning the guest list for our annual Christmas dinner. We will be enjoying our Turkey dinner with all the trimmings at 5:00pm on December 25th. Dinner tickets are available for \$7.00 each from the front desk. Due to the number of residents having company we are asking that a limit of two guests per resident be observed. Please reserve your spot early as seating will be limited. The sign up sheet is located at the front sign-in table and will be collected on December 22, 2009 in order to make seating and production planning arrangements.

From myself, and the entire Dietary Department we wish everyone a Happy Holiday Season!

Vicki Coppins
Director of Dietary Services



Evelyn concentrating filling pans of Christmas Cake for the Bazaar

Christmas Church Service

Date: Wednesday, December 16th
Time: 11:00am
Location: Fireside Lounge

Join us for our Annual Christmas Church Service performed by all our clergy who come in and do our weekly Church Services. This is a wonderful Non-Denominational Service and everyone is welcome to attend. Hope to see you there.

December Christmas Lights Tour

Date: December 10th & 15th
Time: 6:15pm
Location: Scugog Road in Bowmanville

Once again we have booked a larger bus for our annual Christmas Lights Tour to accommodate more residents. For more information please contact the Recreation Department.



Bus Trips

Day	Location	Departure	Return	Cost
02	Shopping at Walmart	1:30pm	4:30pm	Spending Money
09	Shopping at Lansdowne Place	1:30pm	4:30pm	Spending Money
12	Millbrook Santa Clause Parade	12:30pm	2:00pm	None
23	Afternoon Drive	1:30pm	3:30pm	None
30	Winter Drive	1:30pm	3:30pm	None

Santa Clause Parade

It has been a few years, however we are back in the Millbrook Santa Clause Parade on Saturday, December 12th. We will be departing at 12:30pm anyone who is interested in coming with us please contact the Recreation Department and we will put you on the list. We are decorating both AON buses for this festive event so if you want to come earlier to help decorate, please feel free to do so!!



Shirley and Stan enjoy the Halloween Party with Tony Guymer on October 31st

Christmas Toy Drive

We are collecting toys to donate to the Country 105 and The Salvation Army 'Miracle Broadcast' Toy Drive. A decorated box will be placed on each home area and in the main lobby for collection. All toys are needed but particularly for children aged 9, 10 & 11. Please give new, unwrapped toys **GENEROUSLY!!!** Toys will be collected until December 10, 2009. The toys will be dropped off at the Country 105 Miracle Broadcast at Lansdowne Place on December 12. Thank you in advance for your generous support.

December's Special Entertainment

Day	Event	Type	Time	Location
01	Family Tree Trimming Party	Christmas Carols	6:30pm	Fireside Lounge
03	Hometown Fiddlers	Fiddle Music	2:30pm	Fireside Lounge
07	Lakefield Brass Choir	Brass Band	7:00pm	Fireside Lounge
08	Christmas Carols with Michael Hearst	Piano Music	10:30am	Fireside Lounge
08	Birthday Party and New Resident Welcome Tea with Al Matthews	Guitar/Sing	2:30pm	Millpond Dining Room
08	Millbrook Scouts	Sing/Skits	6:30pm	Fireside Lounge
09	Millbrook Community Choir	Children Choir/ Adult Choir	6:30pm	Fireside Lounge
11	Millbrook Christian Assembly	Children Concert	6:30pm	Fireside Lounge
13	Christmas Sing-a-long with Bonnie Wilson	Piano/Guitar/ Sing	2:30	Fireside Lounge
15	Samson Lee Gospel	Gospel Music	2:30pm	Fireside Lounge
16	Christmas Church Service	Church Service	11:00am	Fireside Lounge
16	"Just us Brass"	Brass Band	7:00pm	Fireside Lounge
17	Christmas Sing-a-long	Piano/Sing	10:30am	Fireside Lounge
17	Christmas Show with the Bernard Sisters	Variety Show	2:30pm	Fireside Lounge
21	The Bonachords	Men's Choir	6:30pm	Fireside Lounge
31	New Years Party with "2nd Wind"	Jazz Band	2:00pm	Fireside Lounge

Upcoming Dates to Remember

Date	Event
12	Millbrook Santa Clause Parade
16	Christmas Church Service
31	News Years Eve Party



Yvonne Betts gets a visit from "Belle" dressed as a pumpkin for Halloween

SUDOKU

5		3	8		4	2		7
7								8
			1		9			
8		1		9		4		6
		5				8		
2		9		1		7		5
			5		1			
4								2
1		8	6		2	3		9

Legend: 1 2 3 4 5 6 7 8 9

November's Solution

3	4	5	9	1	8	6	2	7
6	9	7	5	3	2	4	1	8
2	8	1	4	7	6	5	3	9
4	1	2	7	6	9	8	5	3
5	7	6	8	2	3	1	9	4
9	3	8	1	5	4	7	6	2
8	6	9	2	4	5	3	7	1
1	5	4	3	9	7	2	8	6
7	2	3	6	8	1	9	4	5

December Birthday's

Betty Lantz	02
Beryl Wetmore	16
Goldie Grant	17
Irene Orde	21
Stella Barber	24
Toni Macdonald	25
Margret Thornborough	29
Anne-Marie Ramsden	30

Happy Birthday, from all of the staff at Centennial Place!

Come and join us in the Millpond Dining Room on **December 8th at 2:30pm** to celebrate our residents upcoming birthdays!



Margaret enjoys the Golfer's Memory Kit that Family Council provided for all visitors to share with their loved one. Please see Recreation Office if interested in trying one.

Online Resources

Alzheimer Society
www.alzheimer.ca

Canadian Diabetes Association
www.diabetes.ca

Heart and Stroke Foundation
www.heartandstroke.ca

The Arthritis Society
www.arthritis.ca

A Note from Nursing

December is almost on us and the excitement of Christmas is just around the corner. This December will also mark an important milestone for Centennial Place and AON. We are renewing our Accreditation Status. This has meant a lot of hard work for the managers and staff at Centennial Place over the past two years while they have been preparing for this event.

Accreditation is a voluntary process that many homes and organization elect to participate in. Although it is a lot of work, it is well worth the effort. Being accredited tells everyone that we meet or exceed Accreditation Canada's standards to quality service and that this is reflected in the care we provide not only to our residents but also the work environment we provide for our staff. Our "Reach for the Gold" accreditation process was delayed for Centennial Place for a few months while we waited for our new sister home 'Moir Place' to open, hire staff and admit their first residents. That opening also required a great deal of special effort, as you might well imagine.

Now we can finally return our focus to accreditation. The surveyors from Accreditation Canada will be on site at Centennial Place December 7th and 8th. They will spend time; meeting with staff and managers, inspecting processes and facilities, but much of their focus will be on speaking with residents and families.

If you are able to visit during this time, the surveyors may take the opportunity to speak with you and your family member about the care and environment of our Home. Please feel free to share your experiences with them. We look forward to this exciting time, and the rewards of knowing we are doing a great job.

Linda Bayly, Nurse Consultant & Accreditation Co-coordinator



Happy
Holidays
from all the
Residents
and Staff at
Centennial
Place!!