



Centennial Times

August 2009

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Therapist

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Supervisor

Maegan Deyell
Volunteer
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Jeff Donovan
Administrator

2 Centennial Lane
Millbrook, ON.
LOA1G0

Message from the Front Office

Thank you to some family members, who provided me with feedback in response to my request in the July newsletter. I appreciate you taking time to write me. Your input is always welcome, so please feel welcome to do so at anytime; Feedback and requests also help me to continue to learn about Centennial Place.

A major undertaking for 2009 will be the preparation for our Accreditation Survey. Our survey is scheduled for December 6, 7, 8 & 9, 2009. I am sorry to say that although December seems far away, we are starting to work more actively on this process during the summer, because December will come quick. Our Accreditation is being done by the CCHSA- Canadian Council on Health Services Accreditation, which is the same provincial body that surveys hospitals. The new Accreditation program is called **QMENTUM 2009**. We have a slogan and catchy acronym, which is *REACH for the Gold* with REACH standing for:

Resident Centered

Excellent

Achievable

Care

Home Environment

Watch and listen for more Accreditation news in the upcoming months.

Jeff Donovan
Administrator

Our Newest Residents

Centennial Place would like you to join us in welcoming our newest residents: Hazel Griffin and Alfred Kemp to Millpond House. Pentti Hook to Harvest House and Beryl Wetmore to Trail House.

Annual Corn Roast

Thursday, August 20th
5:00pm-6:00pm

Donations will be
accepted for the
Millbrook Medical Center



Shawna & Hilda taking
"the boys" for a walk.

"A New Tradition in Long Term Care"

From the Recreation Department

Welcome to the month of August. The summer so far has been interesting as far as the weather is concerned, however it is safe to say everyone is enjoying the sunshine when it is here. August brings our annual corn roast. I have already requested good weather for the day on August 20th so it can be set up outside in the front parking lot. Donations will be accepted this year for the Millbrook Medical Center. Please sign your name on the "sign-up" sheet located at the Front Desk for those interested in attending. This will give us an approximate number of people who will be here for the event.

I would like to take this opportunity to give everyone an update on the Recreation Department. Karen Arnold -Magee has gone to the new Long Term Care Home in Tweed called Moria Place. She will be looking after all the activities there much like what she did here at Centennial Place while I was on Maternity Leave. We wish her all the best, and I am sure she will keep in touch with us. Maegan Deyell will be assuming her position as the Volunteer Coordinator. We will be hiring some more Recreation staff over the next month and I will keep everyone updated as to when they are hired. If anyone has questions about the Corn Roast please contact the Recreation Department at ex 230

Until next month.....
Heather McGinn
Recreation Therapist

Front Door Security

Ever heard of the saying "Two steps forwards, one step back?" In response to the feedback from residents and family, we have resumed our former practice of leaving the sliding front doors unlocked until late evening.

Please Note: We will once again secure the doors at 8:00pm in the fall.

Corridor Lighting

Did you realize??

- each one of our round ceiling fixtures holds three light bulbs
- we removed at least one and sometimes two of the three bulbs
- every fixture is now being turned on during daytime hours (instead of every second one)
- the total lighting capacity is not that much more than it used to be
- it is however, much more consistent, giving the corridors a more consistent lighting with a more welcoming feeling
- these bulbs are compact fluorescents which are very energy efficient



Evelyn & Erma spending some time with Karen at her Farewell Tea on July 2nd

Wellness Services

- Dental Clinic– 4th Tuesday of the Month in Harvest Activity Room
- Massage Therapy
- Foot Care
- Hair Salon
- Hearing Clinic

For more information on these services please contact:
Janet Buchanan, Director of Resident and Family Services

August Special Entertainment

Day	Event	Time	Location
06	Chandos	6:30pm	Fireside Lounge
11	Entertainment with Eileen Hennessy	2:30pm	Fireside Lounge
18	Sing-a-long with Michael Hearst	10:30am	Fireside Lounge
18	Entertainment with Ken Ramsden	2:30pm	Fireside Lounge
20	Corn Roast with Entertainment	5:00pm	Front Parking Lot
22	Entertainment with Tony Guymer	2:30pm	Fireside Lounge
27	Birthday Party & New Resident Welcome Tea with Doug Morgan	2:30pm	Millpond Dining Room

Bus Trips

Date	Location	Departure	Cost
05	Shopping at Walmart	1:30pm	Spending Money
12	Picnic at Maple Leaf Park	11:30am	None
19	Drive with Ice Cream Stop	1:30pm	None
26	Afternoon Drive	2:30pm	None

**Heritage House
Morning Drives
Every
Wednesday
10:30am**



Mary Kimball keeping things
"in check" at the BBQ on July 16th



Norman Bragg enjoying the
Canada Day Celebration on July 1st

SUDOKU

1	2	3	4	5
6	7	8	9	

Difficulty Rating: Easy

		6	2	3	1	4		
5		2	8		6	3		1
4			6		9			8
	9						4	
2			7		5			3
6		3	1		4	8		5
		7	5	6	2	1		

July's Solution

8	6	3	4	5	9	7	1	2
4	1	9	3	2	7	6	8	5
2	5	7	6	8	1	4	3	9
6	9	1	5	7	8	2	4	3
7	2	5	1	4	3	8	9	6
3	8	4	9	6	2	1	5	7
9	4	2	8	3	6	5	7	1
5	3	6	7	1	4	9	2	8
1	7	8	2	9	5	3	6	4

Online Resources

Alzheimer Society
www.alzheimer.ca

Canadian Diabetes
Association
www.diabetes.ca

Heart and Stroke
Foundation
www.heartandstroke.ca

The Arthritis Society
www.arthritis.ca

Happy Birthday

Stanley Gooch	04
James Deck	05
Dora Linton	07
Perla McCullough	12
Norma Crayden	12
Clara Newton	17
Gerry Bolton	19
John Baylis	23
Alfred Kemp	23
Alex Tabatschkow	29
Jack Peter	30

Upcoming Dates to Remember

Date	Event
Aug 20	Corn Roast
Fall 2009	Power of Attorney Workshop



Resident's waiting for their turn at Bocce Ball at Maple Leaf Park